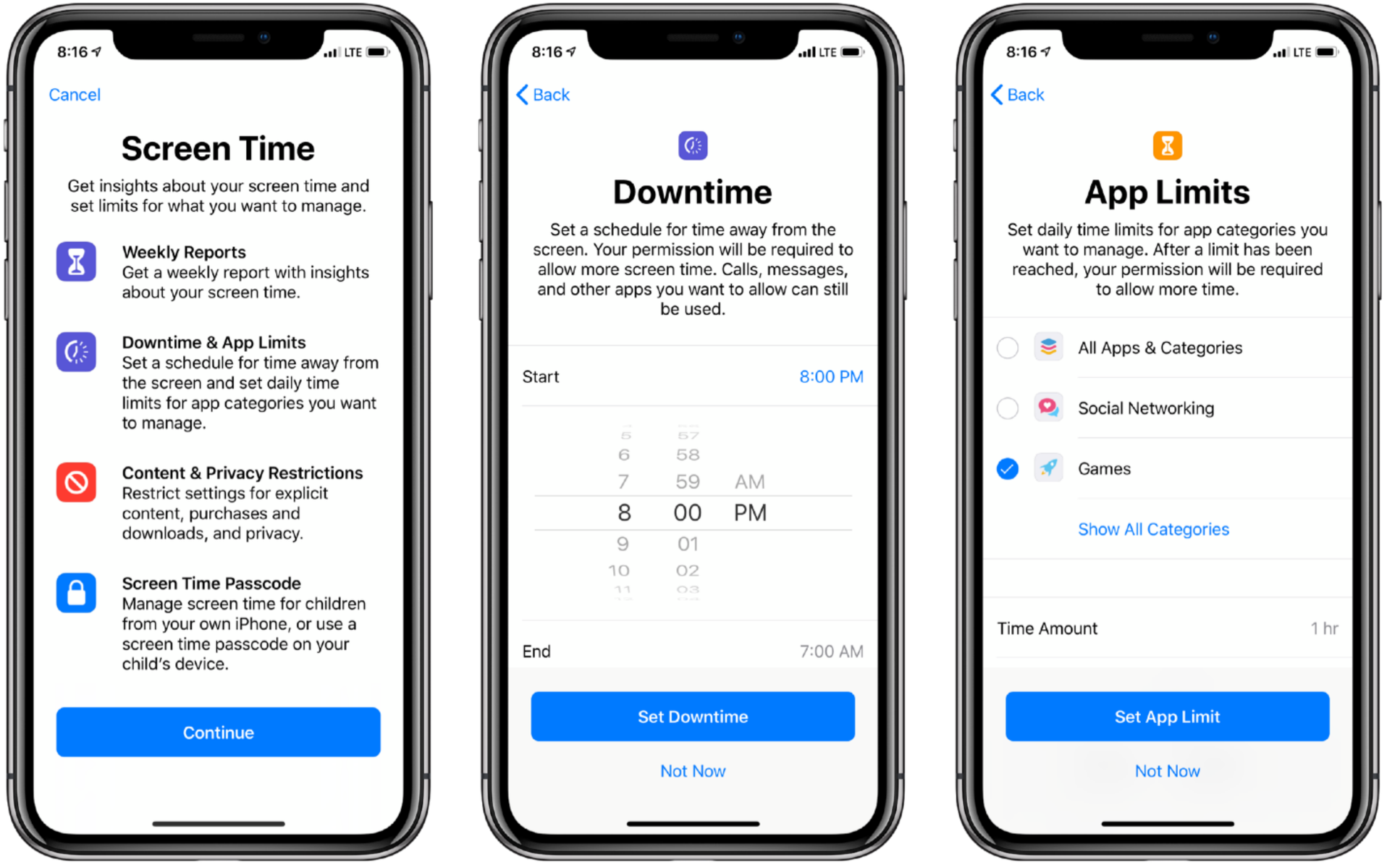
8:16
LTE
Cancel
Screen Time
Get insights about your screen time and set limits for what you want to manage.
Weekly Reports
Get a weekly report with insights about your screen time.
Downtime & App Limits
Set a schedule for time away from the screen and set daily time limits for app categories you want to manage.
Content & Privacy Restrictions
Restrict settings for explicit content, purchases and downloads, and privacy.
Screen Time Passcode
Manage screen time for children from your own iPhone, or use a screen time passcode on your child's device.
Continue
8:16
LTE
Back
Downtime
Set a schedule for time away from the screen. Your permission will be required to allow more screen time. Calls, messages, and other apps you want to allow can still be used.
Start
8:00 PM
6 58
7 59 AM
8 00 PM
9 01
10 02
End
7:00 AM
Set Downtime
Not Now
8:16
LTE
Back
App Limits
Set daily time limits for app categories you want to manage. After a limit has been reached, your permission will be required to allow more time.
All Apps & Categories
Social Networking
Games
Show All Categories
Time Amount
1 hr
Set App Limit
Not Now

Aprovechar la tecnología con un propósito útil